



**PAST MEDICAL HISTORY AND PROCEDURES:**

If you have any of these diagnoses or procedures please document when you were diagnosed. If you have other diagnosis not noted in the numbered section please document below.

- 1. Hypertension \_\_\_\_\_
- 2. Blood Transfusion \_\_\_\_\_
- 3. Sleep Apnea \_\_\_\_\_
- 4. Elevated Cholesterol \_\_\_\_\_
- 5. Diabetes \_\_\_\_\_
- 6. Heart Disease \_\_\_\_\_
- 7. Heart Attack \_\_\_\_\_
- 8. Heart Failure \_\_\_\_\_
- 9. Stroke \_\_\_\_\_
- 10. Transient Ischemic Attack (TIA) \_\_\_\_\_
- 11. Seizure Disorder \_\_\_\_\_
- 12. Asthma \_\_\_\_\_
- 13. Pneumonia \_\_\_\_\_
- 14. Emphysema \_\_\_\_\_
- 15. Stomach Ulcers \_\_\_\_\_
- 16. Under active thyroid \_\_\_\_\_
- 17. Over active thyroid \_\_\_\_\_
- 18. Migraines \_\_\_\_\_
- 19. Osteoporosis \_\_\_\_\_
- 20. Pacemaker Placement \_\_\_\_\_
- 21. Blood Clots \_\_\_\_\_
- 22. Arthritis \_\_\_\_\_
- 23. Low Blood Counts \_\_\_\_\_
- 24. Depression \_\_\_\_\_
- 25. Anxiety Disorder \_\_\_\_\_
- 26. Panic Attacks \_\_\_\_\_
- 27. Cardiac Rhythm Abnormalities \_\_\_\_\_
- 28. Hepatitis \_\_\_\_\_
- 29. Heartburn \_\_\_\_\_
- 30. Peripheral Artery Disease \_\_\_\_\_
- 31. Angioplasty or Stenting of the Arteries of your heart \_\_\_\_\_
- 32. Angioplasty or Stenting of the Arteries of your legs \_\_\_\_\_
- 33. Cancer \_\_\_\_\_
- 34. Blood Disorders \_\_\_\_\_
- 35. Other Diagnosis not noted above, please document below:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PAST SURGICAL HISTORY:**

Please list any surgeries you have had in your life and the year they were done:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**SOCIAL HISTORY**

What is your Marital Status? \_\_\_\_\_

What is your profession? \_\_\_\_\_

Are you or have ever been sexually active? \_\_\_\_\_

Do you sleep with women, men, or both? \_\_\_\_\_

Are you currently smoking cigarettes? \_\_\_\_\_

If you ever smoked, on average, how many cigarettes did you smoke and how many total years have you smoked?  
\_\_\_\_\_

How many glasses of alcohol do you drink in a week? \_\_\_\_\_

How many cups of coffee do you drink a day? \_\_\_\_\_

Do you exercise regularly, and if so, what do you and how many minutes a day do you do the activity?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you smoke marijuana, and if so, how often and how many years? \_\_\_\_\_

In the past, have you used any recreational drugs, and if so, what were they and how often and for how long did you use them?  
\_\_\_\_\_  
\_\_\_\_\_

What kind of pets do you have at your residence, if any? \_\_\_\_\_  
\_\_\_\_\_

**FAMILY MEDICAL HISTORY:**

Please list the medical problems that the following relatives have had. Please list their current age. If they have passed away, please document this and their age at the time they passed away.

- 1. Mother \_\_\_\_\_
- 2. Maternal Grandmother \_\_\_\_\_
- 3. Maternal Grandfather \_\_\_\_\_
- 4. Father \_\_\_\_\_
- 5. Paternal Grandmother \_\_\_\_\_
- 6. Paternal Grandfather \_\_\_\_\_
- 7. Brother \_\_\_\_\_
- 8. Brother \_\_\_\_\_
- 9. Brother \_\_\_\_\_
- 10. Sister \_\_\_\_\_
- 11. Sister \_\_\_\_\_
- 12. Sister \_\_\_\_\_
- 13. Aunts and Uncles \_\_\_\_\_

**REVIEW OF SYSTEMS: (leave blank)**

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